

Add **LIFE**

**Laughter
Independence
Friends &
Energy**

Enhance Your Life &
the Lives of Others!



La Crosse County
Aging Unit
608-785-9710

Good Nutrition, Good Company
& Good Information about Aging

*Make a Reservation
And Come Join Us!*

Meals Sites

Good Food & Fun!

Becker Plaza	789-7827
Carroll Heights	792-6996
Forest Park	789-7826
Harry J. Olson	781-2122
Holmen	526-4336
Onalaska	789-7829
Southside	782-2444
Stokke Tower	789-7823
Village Inn	486-2741
West Salem	786-2975
Kajsiab Dining	785-6438

*Reconnect with Old Friends
And Meet New Friends!*



**La Crosse County
Aging Unit**

400 4th Street North
La Crosse, WI 54601
608-785-9710



The *La Crosse County Aging Unit* provides information and services that promote independence and support the dignity of Seniors by allowing choices for living in and giving to their community.

La Crosse County Aging Unit

Do you have questions like...

How do I give all the care my loved one needs?

How can I live in my home as long as possible?

What options are available?

How can I decide what is best for me and my family?



All persons aged 60 and over can utilize Aging Programs, regardless of their income.



Programs & Services

- Meals at Senior Sites
- Home Delivered Meals
- Transportation
- Find A Ride 888-300-9796
- Falls Prevention
- La Crosse Senior Life
- Caregiver Coach
- Caregiver Support
- Gifted Hands
- Senior Farmers' Market
- Nutritional Supplements
- Wellness & Prevention
- Volunteer opportunities
- Emergency Preparedness
- Loan Closet & More

YOU DECIDE, WE HELP!

Fellowship, Food,
and Fun
Senior Dining

MORE THAN A MEAL!

Balanced Nutrition, Socialization,
Entertainment and Information
about services and programs.

**Meals Delivered
to the Homebound**

A Year's Worth

of Home-Delivered
Meals

Costs Less Than

One Day in the

Hospital