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Lunch Bunch Memory Café



When: Last Tuesday of every month

Time: 11:00am—1:00pm

Location: Black River Beach Neighborhood Center

1433 Rose Street

La Crosse, WI 54603

Lunch & beverage provided at a suggested donation of \$4 per person

The Memory Café is a place to meet with others living with Mild Cognitive Impairment (MCI), Alzheimer's or other related dementia and their Care Partner in a relaxed and friendly atmosphere. Once a month, this group offers a chance for everyone to have some fun and share a positive experience in a supportive environment. It's a place to talk with others and to learn, "You are not alone".

Topics: Art, music, health and wellness topics will be featured at each café.

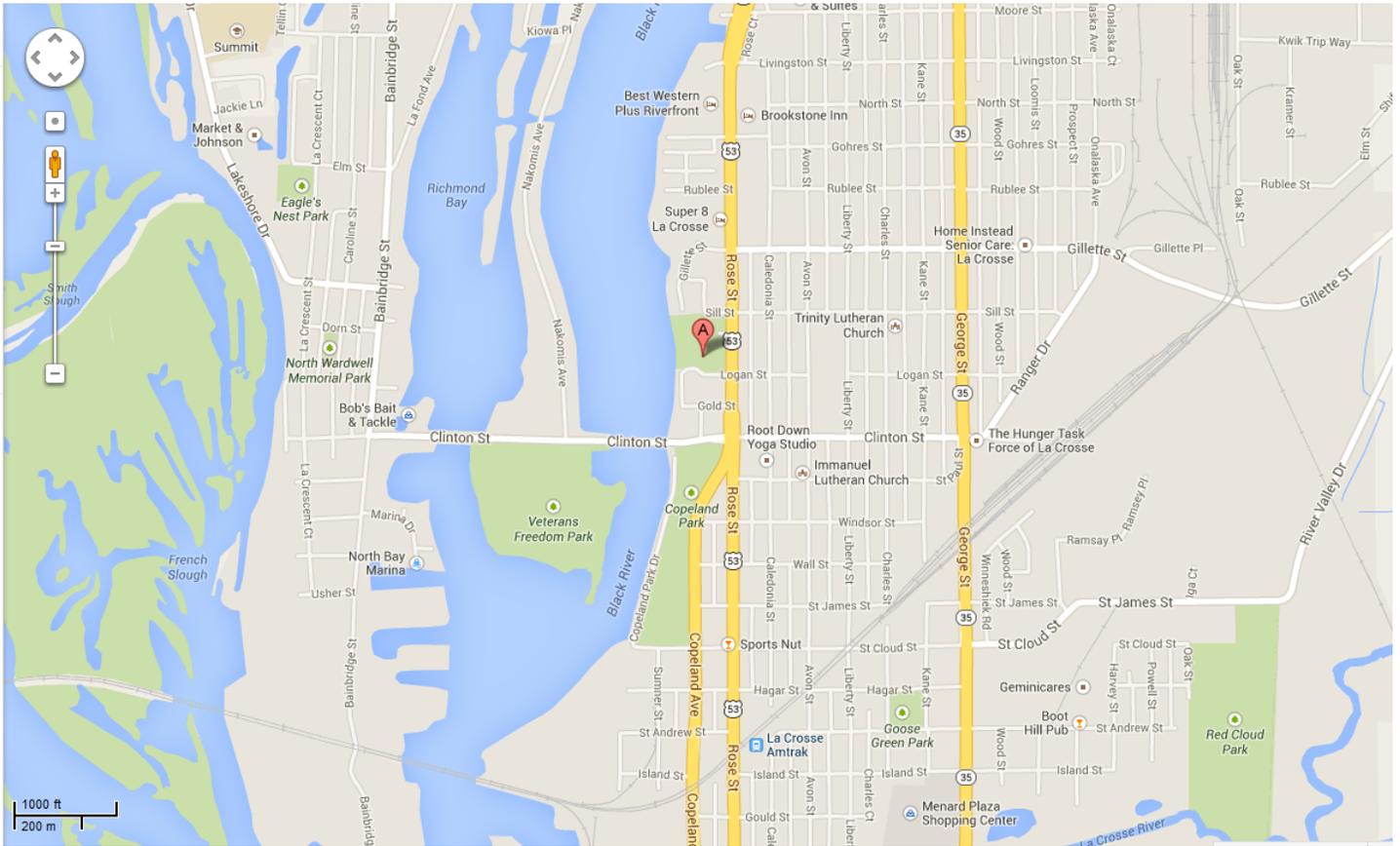
Resources: Community resource information will be available each month. The Caregiver Coach will be available to answer questions and visit with Care Partners during the café.

If you would like more information, or to be added to our mailing list, contact **Amy Brezinka at 608.785-5700 or abrezinka@lacrossecounty.org**

AGING & DISABILITY RESOURCE CENTER OF WESTERN WISCONSIN

Amy Brezinka, Caregiver Coach Program Coordinator
300 4th Street North
La Crosse, WI 54601
Website: www.co.la-crosse.wi.us/aging/
Direct: 608.789-8575
Email: abrezinka@lacrossecounty.org





Address:

Black River Beach Neighborhood Center

1433 Rose St.

La Crosse, WI 54603

Phone:

(608) 789-8640

Sponsored by:

