The information you need for the life you want.

Sometimes situations change so quickly, you don't know where to begin. Or you may be so overwhelmed with opinions, you aren't sure whose to trust.

Start with the Aging and Disability Resource Centers

Our welcoming locations offer unbiased answers to all questions related to aging or living with a disability. We don't sell anything. We aren't affiliated with a company or product. Instead, we help Wisconsin residents stay independent by connecting them with the resources they need.

Your best life starts with the right information. Find it here, at your Aging and Disability Resource Center.

Get the answers and resources you need.

Visit or contact your local ADRC today.

Accommodations, materials in alternate formats, and after-hour appointments are available upon request. Hearing loops are available on site; please call to arrange for interpreters or captionists.

FindMyADRC.org

ADRC of La Crosse County
300 4th Street N, La Crosse, WI

608-785-5700 or 1-800-500-3910
adrc@lacrossecounty.org
www.lacrossecounty.org/adrc

Monday-Friday, 8:00 a.m. - 4:30 p.m

ADRC Aging & Disability Resource Center

WISCONSIN DEPARTMENT *of* HEALTH SERVICES

P-00122A (07/2018)

ADRC Aging & Disability Resource Center

Independent. Like you.

Unbiased information to help you live the life you want.

All about Aging and Disability Resource Centers

What are Aging and Disability Resource Centers (ADRCs)?

ADRCs provide Wisconsin residents with unbiased information related to aging or living with a disability. The goal is to help people maintain their independence by connecting them with the right resources.

Whom do they serve?

ADRCs serve older adults and people with disabilities, as well as the families, friends and caregivers who work with and care for them.

How much do ADRC services cost?

Information provided at ADRCs is free of charge to Wisconsin residents.

Where can I find my local ADRC?

ADRCs serve every county and tribe in Wisconsin. To find the one near you, visit FindMyADRC.org.

What type of resources can ADRCs provide?

- In-home personal care and nursing
- Housing options
- Housekeeping and chore services
- Home modifications
- Adaptive equipment
- Transportation
- Health, nutrition, and home-delivered meal programs
- Medicare, Medicaid, and Social Security
- Caregiver support and respite