

Monday Coffee Connect

Virtual Support to Fill Your Caregiving Cup

Caring for someone living with dementia?

Connect with local dementia specialists virtually from the comfort of your home!

Join to ask questions, gain support, and brainstorm strategies to get through this time together with three local Aging & Disability Resource Center (ADRC) Dementia Care Specialists.

Come with a cup of coffee or tea to interact via Zoom Video.

Fill your cup and start your week off right!

Mondays

10:00 – 11:00 am

Join us for any and/or all 2021 dates!

January 4, 11, 18, 25

February 1, 8, 15, 22

March 1, 8, 15, 22, 29

April 5, 12, 19, 26

May 3, 10, 17, 24

June 7, 14, 21, 28

July 12, 19, 26

Aug 2, 9, 16, 23, 30

Register by calling 608-386-0767 or email kflock@lacrossecounty.org

After registering you will receive connection info. Please don't hesitate to call for help with Zoom!

