

Congregate Dining

Congregate Dining is offered at seven dining site locations throughout La Crosse County.

Individuals 60 years of age or older and their spouses, regardless of age, are welcome.

To make a reservation, please call the dining site at least 24-hours in advance. Monday reservations are required by noon on Friday.

The first time at a dining site, you will be asked to complete a brief registration form.

The suggested donation is \$3.75 per meal.

Please note, individuals with a disability, under 60 years of age, who reside in a housing facility occupied primarily by older individuals at which a meal site is provided, are eligible to participate in the program.

Home Delivered Meals

If you are unable to attend one of our seven congregate dining sites, you may be eligible for home delivered meals.

Individuals 60 years of age or older who are frail and essentially homebound due to illness, disability or isolation are eligible.

To determine your eligibility, please contact the Aging & Disability Resource Center.

The suggested donation is \$4.00 per meal.

La Crosse County Senior Nutrition Program



Direct: 608-785-5700

Toll-Free: 800-500-3910

Fax: 608-785-5790

Email: adrc@lacrossecounty.org

www.lacrossecounty.org/adrc



Interested in Volunteering?

The La Crosse County Senior Nutrition Program is always in need of volunteers to assist at dining sites or deliver food to homebound participants.

To learn more, contact us today!

April 2022

La Crosse County Senior Nutrition Program



300 4th Street N

La Crosse, WI 54601

608-785-5700

adrc@lacrossecounty.org

General Information

The La Crosse County Senior Nutrition Program is available to seniors 60 years of age or older and their spouses, regardless of age. Its purpose is to reduce hunger and food insecurity and promote socialization, health and well-being among older adults.

Two types of nutrition services are provided:

1. Congregate Dining
2. Home Delivered Meals

Congregate Dining provides nutritious meals in a group setting, allowing for opportunities to socialize with others.

Home Delivered Meals are provided to eligible individuals who are unable to attend one of the local congregate dining sites.

For either service, participant voluntary contributions are requested however no one is ever denied because of the inability to donate. All donations are kept confidential.



Funding for this program is provided by Title III of the Older Americans Act, State and County funds, private contributions and participant donations.

Congregate Dining Sites

Meals are provided Monday through Friday at the following dining sites:

Carroll Heights

3505 Park Lane Drive
La Crosse, WI 54601
Phone: 608-792-6996
Meal Time: 11:30 AM

Forest Park

1230 Badger Street
La Crosse, WI 54601
Phone: 608-317-8174
Meal Time: 11:15 AM

Holmen Area Community Center

600 N Holmen Drive
Holmen, WI 54636
Phone: 608-317-8104
Meal Time: 12:00 PM

Onalaska Community Center

515 Quincy Street
Onalaska, WI 54650
Phone: 608-317-9870
Meal Time: 11:30 AM

Community Connections Center

1407 Saint Andrew Street
Suite A-101
La Crosse, WI 54603
Phone: 608-792-4487
Meal Time: 11:30 AM

Stokke Tower

421 6th Street South
La Crosse, WI 54601
Phone: 608-317-8174
Meal Time: 11:15 AM

Whispering Pines

780 East Avenue
West Salem, WI 54669
Phone: 608-790-5082
Meal Time: 11:30 AM

Sample Menu

Smothered Chicken Breast,
Garlic & Herb Potatoes,
Sugar Snap Peas, Peaches,
Wheat Bread, Milk or Juice

Diabetic meals are available upon request.