CAREGIVER CONNECTION

August 2025 edition

The ADRC of La Crosse County's Caregiver Support Program (and Dementia Care Support Program) has been busy developing some upcoming educational opportunities and events. Please do not hesitate to contact the ADRC of La Crosse County if you are interested in learning more about the upcoming educational opportunities and events.

If you need respite to attend an event, the staff at the ADRC can support you in looking at respite options and possible funding for the respite. Hope to see some new faces at these events!

Caregiver Education Series- Respite Care Association of Wisconsin

August 5, 2025, 1 PM to 2:30 PM Holmen Area Community Center 600 N. Holmen Dr Suite 200 Holmen, WI 54636 *Register by calling 608-785-5700*

2nd Annual Bringing Hope and Light to the Dementia Journey Conference

August 13, 2025, 8 AM to 3:15 PM First Free Church 123 Mason St Onalaska, WI 54650 Onsite Respite Available Register by July 25, 2025 Website: https://form.jotform.com/rkam



Website: <u>https://form.jotform.com/rkamrowski/hope-light-conference</u> Use the QR Code above Or by phone 715-343-6275

Family Caregiver Support Group

August 14, 2025, 1:30 PM to 2:30 PM Franciscan Spirituality Center 920 Market St. La Crosse, WI 54501 *Questions can be directed to Kristine Meyer at 608-386-0922 or kmeyer@lacrossecounty.org*

Men's Shed- Monroe County Historical Society "Farmer Goes to War"

August 26, 2025, 1:30 PM to 2:30 Tomah Senior Center 1002 Superior Ave Tomah, WI 54660 Free lunch and social time offered from 12:30 PM to 1:15 PM. RVSP for lunch by calling 608-785-5700

Caregiver Education Series- Creating a Safe Home with Home Safety Innovations

September 2, 2025, 1 PM to 2:30 PM Holmen Area Community Center 600 N. Holmen Dr Suite 200 Holmen, WI 54636 *Register by calling 608-785-5700*

Family Caregiver Support Group

September 11, 2025, 1:30 PM to 2:30 PM Franciscan Spirituality Center 920 Market St. La Crosse, WI 54501 *Questions can be directed to Kristine Meyer at 608-386-0922 or kmeyer@lacrossecounty.org*

Caregiver Cruise on the La Crosse Queen

September 13, 2025, 1:30 PM to 2:30 PM *Register by calling 608-785-5700*

Men's Shed- Protecting Yourself from Scams and What to Do if You Are Scammed

September 23, 2025, 1:30 PM to 2:30 PM Tomah Senior Center 1002 Superior Ave Tomah, WI 54660 *Free lunch and social time offered from 12:30 PM to 1:15 PM. RVSP for lunch by calling 608-785-5700*

SAVE THE DATE: Caring Better and Braver Conference

October 25, 2025, 8 AM to 3:15 PM University of Wisconsin- La Crosse Health Science Center 1300 Badger St La Crosse, WI 54601 Additional information is coming out soon!



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