

Caring Better and Braver Conference 2026

When: Saturday, October 24, 2026

Time: 9:00 AM to 3:30 PM

Where: La Crosse Medical Health Science
Consortium Building
1300 Badger St
La Crosse, WI 54601

Cost: FREE!!!!



**Register by calling the ADRC of La Crosse County 608-785-5700
Registration Closes October 12, 2026**

What to Expect:

9:00 AM to 11:00 AM Vendor Fair

9:30 AM to 10:30 AM Welcome and Keynote Speaker
Kris Bjerke- Ulliman, Chaplain from St. Croix Hospice

10:45 AM to 11:45 AM Morning Breakout Sessions:

- For the working caregiver: Using FMLA for Caregiving Activities
- For the caregiver who is considering long term care: The State of Wisconsin's Ombudsman Program
- For the stressed out caregiver: Stress Reduction

11:45 AM to 12:45 PM Lunch and the opportunity to socialize with other caregivers

1:00 PM to 3:00 PM



From Executive Producer Bradley Cooper, this is the story of paid and unpaid caregivers navigating the challenges and joys of this deeply meaningful work. Intertwining intimate personal stories with the untold history of caregiving, the documentary reveals the state and the stakes of care in America today.

3:00 PM to 3:30 Debriefing and Wrap-Up



Sponsored by:
**La Crosse County Caregiver
Coalition
&
ADRC of La Crosse County**



*Any questions can be directed to Kristine Meyer, Caregiver Support Specialist
608-386-0922 or kmeyer@lacrossecounty.org*