

## UNIQUE & RESPONSIVE

Our program offers a variety of services tailored to meet individual and family needs as well as address needs of the community. We provide consultations, facilitate support groups, present educational content all with the goal to equip consumers with knowledge, and help navigate appropriate and available community resources.

All of our dedicated staff are available and equipped to answer your questions and guide you. Depending on your needs, you may be connected directly with a Dementia Care Specialist.



## CONNECT WITH US

*Information | Questions  
Resources | Appointments*



**608-785-5700**

[adrc@lacrossecounty.org](mailto:adrc@lacrossecounty.org)  
[www.lacrossecounty.org/adrc/explore-services/dementia-care](http://www.lacrossecounty.org/adrc/explore-services/dementia-care)

### **Not sure what you're looking for or how to start?**

Just call and ask to speak to someone about:

- Help remaining safely at home with dementia
- Caregiving resources for someone with dementia
- Brain health resources, memory screening, or how to obtain a diagnosis
- Future planning for a dementia diagnosis
- or simply, "I'm not sure what I need, but my loved one has dementia"

**Donations to the Dementia Care Program are welcomed, stay within the community.**



**A service of the Wisconsin's  
Aging & Disability Resource  
Centers**





## ABOUT THE PROGRAM

The La Crosse County Dementia Care Program empowers individuals with dementia, their caregivers, and the community by promoting independence, functionality, and safety. Staffed by dementia-capable ADRC professionals and dedicated Dementia Care Specialists, we strive to create a responsive and supportive environment for those affected by dementia and cognitive concerns.

The La Crosse County Dementia Care Program has created a Dementia Care Program Guide that is available in printed or electronic. This comprehensive guide supports caregivers and individuals living with dementia by providing access to educational opportunities, support programs, and community-based classes tailored to their needs along the continuum of support available. Additionally, it includes valuable community resources on brain health and wellness.

## COMPREHENSIVE SUPPORT

The Dementia Care Specialists (DCS) empower individuals seeking a diagnosis or living with dementia, their caregivers, and the community through three core pillars, building a comprehensive support system for all affected.

### Building Dementia Capable Staff

DCS train staff at the ADRC, county and municipal offices to equip them with the skills needed to effectively support individuals with dementia and their families.

### Creating Dementia Friendly Community

DCS collaborate with community partners to educate agencies and promote understanding and accessibility for individuals with dementia and their caregivers through training, awareness campaigns, and creating supportive resources and programs.

### Support for Caregivers & People with Dementia or Cognitive Concerns

DCS act as a catalyst in recognizing community needs and then collaborating to create resources that support caregivers and individuals with dementia. These initiatives promote independence and develop skills, enabling families to safely manage their diagnosis in the community.

## SERVICE AND SUPPORT TO:

- **Individuals with dementia (diagnosed or not)**

Assistance with early diagnosis, maintaining safety and independence at home, connect to community brain health enrichment programs and peer support for coping with changes.

- **Caregivers**

Equipping caregivers with knowledge, tools, and emotional support through training, education, resources, and support groups ensures they can provide quality care for their loved ones.

- **Community Members**

Seeking information related to brain health, dementia education, research, caregiver advocacy, warning signs and other initiatives.

- **Community Agencies**

Provide training and educational opportunities to enhance dementia awareness, improve service delivery, and support their efforts in administering dementia-friendly resources.

- **Professionals**

Consultation on care considerations, engage with for community initiatives, and connect to evidence-based training and practices to enhance their skills in serving the dementia community.