

Emergency Food Resources 2025



Emergency Food Resources As of 01/23/2025

FREE COMMUNITY MEALS

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|---|
| Salvation Army 8am (residents) 12pm (residents) 4:30pm (residents) 11a-12:30p (to go) | Salvation Army 7:30ma (residents) 11:30ma (residents) 4:30pm (residents) 11a – 12:30p (to go) | Salvation Army 7:30am (residents) 11:30am (residents) 4:30pm (residents) 11a – 12:30p (to go) | Salvation Army 7:30am (residents) 11:30am (residents) 4:30pm (residents) 11a – 12:30p (to go) | Salvation Army 7:30am (residents) 11:30ma (residents) 4:30pm (residents) 11a – 12:30p (to go) | Salvation Army 7:30am (residents) 11:30ma (residents) 4:30pm (residents) 11a – 12:30p (to go) | Salvation Army 8am (residents) 12pm (residents) 4:30pm (residents) 11a – 12:30p (to go) |
| | Trinity Lutheran Church 5pm – 6pm | | | | | |
| | RAVE * Recovery Avenue 9am-11am (or until all gone) | | Presbyterian Church of West Salem 4 th Wed of month 5pm – 6pm | Place of Grace 5pm – 6pm | | New Beginnings Christian Fellowship 5:30pm |
| | | Onalaska United Methodist Church 2 nd Tues; 5pm-6pm | | | | |
| | | Our Savior’s Lutheran Church 4:15pm – 5:15pm | | | | |

Meal Locations

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| Salvation Army 223 8th St. N., La Crosse; 608-782-6126 | Place of Grace 919 Hood St., La Crosse; 608-782-6224 |
| Our Savior’s Lutheran Church 612 Division St., La Crosse; 608-782-3468 | RAVE * Recovery Avenue 1806 State St, La Crosse; 608-785-9615 |
| New Beginnings Christian Fellowship 122 5 th Ave N. La Crosse; 608-782-8030 | Trinity Lutheran Church 1010 Sill St. La Crosse; 608-782-6200 |
| Onalaska United Methodist Church 212 4 th Ave. N., Onalaska; 608-783-3380 | Presbyterian Church of West Salem 625 W. Franklin St., West Salem; 608-786-0910 |

PANTRIES

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| Care and Share Food Pantry Our Savior's Lutheran Church | 359 N. Leonard St., West Salem 608-786-0030 | Saturdays: 10am - 12pm Must be a resident of West Salem, Bangor, Rockland, Barre Mills, Melrose or Mindoro |
| Catholic Charities Food Pantry | 508 5 th Ave S., La Crosse 608-782-0710 | Mondays: 9am-12pm and 1pm-3pm for Walk-Ins Food Pantry and men's clothing closet |
| Coulee Recovery Center | 933 Ferry St., La Crosse 608-784-4177 | Tuesdays – Thursdays: 1:15pm – 2pm Preferably for participants but will not deny others |
| First Free Church | 123 Mason St., Onalaska 608-782-6022 | 1 st and 3 rd Tuesday of the month: 10am-12:30pm by appointment Bring photo ID & current household bill |
| From the Heart Food Pantry Trinity Lutheran Church | 1010 Sill St., La Crosse 608-782-6200 or 608-780-1283 | Mondays: 5pm - 6pm Bring photo ID with address. |
| Holmen Area Food Pantry St. Elizabeth Ann Seaton Catholic Church | 515 N. Main St., Holmen 608-526-4424 | Tuesdays & Fridays: 9am - 11am Open to all – Bring Photo ID |
| Kane Street Community Garden May - October | 801 Kane St., La Crosse 608-793-1002 | Mondays & Thursdays: 5pm – 6pm Saturdays: 12pm – 1pm Harvest: Monday and Thursday: 3pm – 5pm & Saturday: 10am – 12pm |
| La Crosse Public Library's Little Pantry | 800 Main St., La Crosse 608-789-7100 | Mon-Thurs: 9am-7pm Fri: 9am-5pm Sat: 9am-1pm Sun: 1-5pm Take what you need; leave what you can |
| Onalaska Regional Food Basket | 735 Sand Lake Rd., Onalaska 608-783-7722 | Mon: 3:30pm - 5:30pm Tues, Wed, and Thurs: 9am -11am Wed: 2pm - 4pm Must be resident of Onalaska, Holmen, French Island, Trempealeau, West Salem, Galesville, Melrose or Mindoro. Bring mail with current address, picture ID. |
| Onalaska Schools Food Pantry Irving Pertzsch Elementary | 524 Main St., Onalaska 608-783-5644 or 608-799-8419 | September - June First Monday of the month, 4pm – 5:15pm Call to confirm date/times. Must have a child who attends any Onalaska school |
| Place of Grace | 919 Hood St., La Crosse 608-782-6224 | Tuesdays: 12pm – 2pm & Thursdays: 3pm – 6pm. Call to confirm times. |
| River of Life Legacy Church | 1214 County Rd PH Onalaska 608-782-2780 x1 | Thursdays: 10am-2pm. Call to make an appointment. |

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| Vivent Health Food Pantry | 811 Rose St, La Crosse 608-785-9866 | Must have HIV+ status on record to utilize food pantry; no client choice. |
| WAFER Food Pantry | 1603 George St, La Crosse 608-782-6003 waferlacrosse.org | Mon-Fri: 10am-12:45pm & Mon, Tues, & Thurs: 4pm - 7:45pm Bring ID, recent mail w/current address, names, and birthdates of household members. |
| Cia Siab Inc | 1825 Sunset Ln. La Crosse 608-615-7117 | Community Rice Pantry. Call for distribution dates and times. |
| Hunger Task Force | 434 Nelson Place, La Crosse 608-793-1002 | Open to the public. 3 rd Friday of the month at 3pm. ID required. Senior Stock Boxes available for delivery to those 60yrs + each month. |
| Central High School Food Pantry | 1801 Losey Blvd S. La Crosse | Mondays, 3pm - 4pm while school is in session. Use side door on SW corner of building. Open to the public |