Aging and Disability Resource Center of La Crosse County

At-a-Glance: Tools and Technology for Safety and Wandering Prevention

This guide is provided by the Aging & Disability Resource Center (ADRC) as an informational resource for individuals concerned about a loved one at risk of wandering. It is not an all-inclusive list, nor does it imply endorsement or recommendation of any specific product,



service, or company. Prices/Product details are determined by the manufacturer and subject to change. The ADRC is not responsible for updates or accuracy. The use of any device listed does not replace appropriate supervision or oversight. It is the responsibility of the individual(s) to contact companies directly to verify features, pricing, and suitability. Additional considerations included to help select tools that best match individual needs.

Non-Tech Support

- Address underlying causes: Activities, engagement, or respite reduce boredom and exit-seeking. Use sensory tools and items like fidget boards, weighted lap pads, or stuffed comfort items.
- Visual & Physical Deterrents: Affordable barriers such as bright STOP banners, concealing exit doors or confounding door locks do not rely on any technology but offer effective visual or physical deterrence. ("DO NOT OPEN, [Name]" "Closed for Cleaning").
- Orientation & daily structure: Use a whiteboard in a shared area to list the day's schedule or agenda
- Identification Bracelets & Jewelry
 Customized medical-style ID bracelets engraved with names, conditions, and emergency contact info

Low-Tech & Wi-Fi-Free Tools

- Exit Alarms
 - These devices alert caregivers when someone rises from a bed or chair—ideal for nighttime or rest periods using wearable or pad sensors.
- Door & Cabinet Sensors
 - These plug-in, expandable systems use door or motion sensors that trigger audible chimes or pager alerts without requiring internet—helping detect movement before wandering.
- Audio/Visual Options: Non-WiFi child monitors with real-time video/audio are useful for checking on someone in another room—ideal when mobility is limited. No smartphone or internet required.

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Identification Wristbands & Jewelry									
Device	Device Website/Phone		Water Resistant?	Feature(s)	Device Type				
Stretch Bracelet	roadid.com 800-345-6336	\$25–30	Yes (silicone)	Personalized engraving (name, condition, emergency contact)	Identification Bracelet				
Nylon Loop Bracelet	roadid.com 800-345-6336	\$29–35	Yes	Stainless steel plate, hygienic and durable	Identification Bracelet				
Lauren's Hope Medical ID Bracelet	laurenshope.com 800-360-8680	\$35–65	Yes	Engraving of dementia info and emergency contacts	Identification Jewelry				
American MedicalID	Americanmedical-id.com 800-363-5985	Varies	Yes	Many options/styles	ID bracelets and jewelry				
DynoTag	<u>dynotag.com</u>	\$27	Yes	Many styles/options	ID Tag, Wallet Cards				

Tip: Search for other customizable bands/products on Amazon, Etsy, or at local pharmacies or jewelry stores offering engraving.

Alarms & Sensors									
Device	Website/Phone	~Price	Subscription	Water Resistant?	Feature(s)	SOS / Motion Alert?	Device Type		
Fall Fighter	<u>cresthealthcare.com</u>	varies	No	No	Wireless pad, pager alert	Yes	Bed Sensor/Alarm		
Alarms	KerrMedical.com 800-650-3637	varies	No	No	Motion, chair, pagers, mats, proximity alarms/pagers	Yes	Variety of options		
Wander Alert Door Kit	<u>alzstore.com</u> 800-752-3238	\$69+	No	-	Multiple option protection kit	Yes	Portable sensor, call pendant, motion detector		
SafeWander Alarm	<u>alzstore.com</u> 800-752-3238	\$219	No	Yes	Detects sit-up vs toss, alerts via app	Yes	Sensor		
Nomo Smart Care	Nomosmartcare.com 844-888-8854	\$249.99	Yes \$9.99/ month	I I AGS-YES	Sensor-based (no camera), Doors/Drawers, 10yr battery	Yes	Al technology Sensors		
Alerta Patch	<u>alzstore.com</u> 800-752-3238	\$299	No	Yes	6mos supply waterproof patches, worn upper back, audible alert	No	Wearable Patch		

Tip: Choose the right tool for the right need—use bed/chair exit alarms for nighttime or fall risks, and door sensors near exits, stairs, or hazardous rooms. To avoid alarm fatigue, place devices thoughtfully and test regularly. If you need help with installation, consider RSVP Handyman Service (608) 785-0500.

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Video Cameras									
Device	Website/Phone	~Price	Subscription	Water Resistant?	Bonus Feature(s)	Motion Alert?	Device Type		
BabySense MaxView	babysensemonitors.com 833-568-2229	\$169	No	No	2 cameras, split-screen, night-light, audio	Yes	Video Camera		
BabySense HD S2	babysensemonitors.com 833-568-2229	\$199	No	No	Non-WiFi, split-screen, audio and light	Yes	Video Camera		
'Smoke Detector'	<u>Amazon.com</u>	\$118	No	No	Discreet, 1080p and night vision, 150° View, Motion Detection & Offline Storage, Multi-User & Privacy Protection	Yes	Video Camera		
REOLINK	Amazon.com	\$50	No	Yes	2.4 GHz WiFi connection, Al Detection, versatile alarm options, recording option, corded	Yes	Video Camera		
Blink	Target.com	\$80+	Optional	Yes	Cell phone alert, battery operated, smartphone app controlled, cloud storage, motion activated, 2-way communication, night vision	Yes	Video Doorbell		
Ring	<u>ring.com</u>	Variety	Optional	Yes	Video cameras, Doorbell camera	Yes	Variety		
Google Nest	store.google.com	\$180	Optional	Yes	Wired or Battery, Google compatible	Yes	Video Doorbell		
Wyze	www.wyze.com	\$29- \$260	Available	Yes	Motion senors, mornitor kits and service	Yes	Video Cameras		

Privacy Caution: Video Monitoring for safety at home in Wisconsin is generally legal—but only when placed in areas where there is no reasonable expectation of privacy (e.g. entryways, living rooms). Avoid installing in bathrooms, bedrooms, or other intimate private spaces. Audio recording in Wisconsin requires one-party consent—meaning you must be part of the conversation (e.g. caregiver), to legally record audio.

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GPS Tracking Technologies									
Device	Website/Phone	~Price	Subscription?	Water Resistant?	Bonus Feature(s)	sos	Geofencing? "Virtual Boundary"	Device Type	
Safe Track	<u>primetracking.com</u>	\$30+	Yes- \$25/month	Yes	Unlimited range, Sim Card	Yes	Yes	Tracker	
Spark Nano	Brickhousesecurity.com	\$20	Yes- \$24- 45/month	Yes		No	Yes	Tracker	
Tracki	<u>Tracki.com</u>	\$30+	Yes		Small, 5 years of history	Yes	Yes	Tracker	
Tack Tracker	alzstore.com	\$90	Yes, \$69/year	Yes	30 day battery, wonder pouch to fix to clothing, fall detection, indoor elevation finder,	Yes			
Bay Alarm Medical	<u>bayalarmmedical.com</u>	~\$99	Yes	Yes	Fall detection option	Yes	Yes	Wearable	
Jiobit	<u>jiobit.com</u>	~\$130	Yes		Clip-on, caregiver network	Yes*	Yes	Wearable	
iTraq	<u>itraq.com</u>	~\$130	Yes	Yes	Temperature sensor	Yes	Yes	Tracker	
PocketFinder	pocketfinder.com	\$99-199	Yes-\$12/month	Yes	Compact, secure	Yes	Yes	Tracker	
Medical Guardian	medicalguardian.com	~\$70– \$200	Yes	Yes	Fall detection, auto alerts	Yes	some models	Wearable	
AngelSense	angelsense.com	~\$69- \$229 + monthly	Yes	Yes	2-way speaker, fall detection	Yes	Yes	Wearable	
Optimus	optimustracker.com	~\$40+	Yes		Long battery life	_	Yes	Tracker	
Theora Care	theoracare.com	~\$250	Yes	Yes	Watch w/ 2-way audio	Yes	Yes	Smartwatch	

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Device	Website/Phone	~Price	Subscription?	Water Resistant?	Bonus Feature(s)	sos	Geofencing? "Virtual Boundary"	Device Type
Smart Sole Insole	gpssmartsole.com	~\$299– \$360	Yes	Yes	Hidden in shoe, cell enabled	No	Yes	Shoe Insole
Freedom - Lok8u	www.alzstore.com/gps- tracker-for-elderly- p/0920.htm	\$545	No	Yes	Locks on wrist, 30 day battery	Yes	-	Watch
Bouncie	bouncie.com	\$90	Yes - \$9/month	Yes	OBD-plug GPS mapping and satellite tech, driving diagnostics, accident detection/notify	Yes	Yes	Vehicle Tracker
WearTech	wear-tech.com		-	Yes	Al-powered, Full battery life, Audio Control, Cell connectivity, Temp	Yes	Yes	Wearable
Band V2	<u>Slatesafety.com</u>		-	Yes	Measures biometric data, real time alerts, 24-100 battery life, Fall detection, Cellular connectivity	Yes	No	Band

Caution: Devices like Tile, Apple AirTag, and other Bluetooth trackers are not reliable for real-time GPS tracking of a person, as they depend on proximity to nearby smartphones and do not provide continuous or independent location updates. Similarly, app-based location sharing tools (e.g., Life360, Geozilla, Apple Find My App) can be helpful in the early stages of dementia, when individuals are still using their smartphones regularly. However, as cognitive changes progress, these tools become less reliable and potentially unsafe due to issues like forgetting to carry or charge the phone, turning off location services, or deleting the app. These options should be viewed as short-term support. * Project Lifesaver is a safety program available through participating local law enforcement agencies—and not offered in La Crosse County.

GPS Tracking and Privacy — Wisconsin Considerations: In Wisconsin, using a GPS tracking device requires consent from the individual or their legal representative. For individuals with dementia, it's important to discuss tracking early, ideally while the person can still participate in decisions. While GPS can support safety and independence, it should not replace supervision or personal care. Always prioritize privacy, document consent, and regularly reassess its use as needs change.

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Determining What's Right for You

There are many different devices that support varying needs of the person with dementia, caregiving situations, and technology abilities. Start by asking yourself:

- What safety concerns am I trying to address? (wandering, nighttime activity, falls, daily check-ins, etc.)
- What is the goal of monitoring? (prevention, early alert, tracking patterns, emergency response)
- Who will be using or managing the device? And do multiple caregivers need access or notifications?
- How tech-savvy are the person living with dementia and the primary caregivers?

Cost and Sustainability

- Is there a monthly fee? Is the device a one-time purchase?
- Will this still meet our needs as dementia progresses?

Cognitive and Physical Abilities

- Will they wear a device? Or does it need to be concealed?
- Will they try to remove or disable the device?
- Does the device require press buttons, response to alerts?
- Device comfortable/familiar to reduce confusion or resistance?

Monitoring Needs

- What level of monitoring is needed? Is a door chime sufficient, or do I need a camera? indoor monitoring, outdoor, or both?
- Do I need a device that tells me where they are, or is location history or motion detection enough? Do I need real-time alerts?
- Does the device include fall detection, two-way communication, or geofencing?
- Are there specific areas (bedroom, doorways, exits) I'm most concerned about?

Ease of Use & Management

- Can I or other caregivers easily set up and manage the device?
- Is a smartphone, tablet, computer or wi-fi required to use?
- Will the system send alerts in a way that works for me (text, call, app notifications)?
- Are updates, charging, or maintenance simple to manage?
- Is tech support or customer service available and user-friendly?

Technology Compatibility

- Will this work with other systems I already use (e.g., smart locks, Alexa, medication reminders)?
- Can I share access or alerts with other family members or care professionals?

Privacy & Ethical Considerations

- How/Will I introduce the monitoring to my loved one?
- Is it respectful and appropriate given their stage of dementia?
- Privacy concerns?

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