

Coulee COVID-19 Compass Pre-Vaccine Status Recommendations for Individuals

Last Updated 7/29/2020

Healthy habits always. Wash hands frequently. Cover coughs. Stay home when sick. Disinfect frequently touched objects.

¹ People over age 65 and/or with underlying medical conditions may need to take additional precautions, consult your medical provider.

Activity (listed in order of priority)		Low Risk ¹	Moderate Risk ¹	High Risk ¹	Severe Risk ¹
Staying home when you have <u>any</u> symptoms		Must stay home.	Must stay home.	Must stay home.	Must stay home.
Leisure Travel Outside of La Crosse County	By car	Resume normal travel with considerations of COVID-19 in destinations.***	Resume normal travel with considerations of COVID-19 in destinations. Recommend against travel to locations with higher case rates.***	Do not travel to locations with higher case rates.*** Travel to a single-family dwelling with a number of people that meets social gathering limit is okay. For all other travel, 14-day quarantine recommended.	No leisure travel. After any leisure travel, 14-day quarantine necessary.
	By plane or cruise		Recommend against travel to locations with higher case rates.*** 14-day quarantine recommended.	Strongly recommend against plane/cruise travel, 14-day quarantine after travel strongly advised.	
Physical distancing and masks <u>while in public</u> (including shopping)		May resume normal work and life routines with considerations of COVID-19*.	Physical distance OR wear masks 100% of time when around non- household members.	Physical distance AND wear masks 100% of time when around non- household members.	Stay home unless essential. Physical distance when out of home for essential tasks.
Attending social gatherings: Includes household gatherings, in addition to weddings, funerals, religious ceremonies, and birthday parties**	Indoors	100 or fewer.	50 or fewer, either wear mask OR physical distance.	15 or fewer, wear mask AND physical distance.	No gatherings outside of household.
	Outdoors	250 or fewer.	100 or fewer, either wear mask OR physical distance.	50 or fewer people, either wear mask OR physical distance.	10 people or fewer with masks AND physical distance.
Visiting a restaurant/bar	Indoors	May resume normal work and life routines with considerations of COVID-19.	Dine-in okay, either wear mask when not eating/drinking OR physical distance.	Dine-in only in restaurants that facilitate physical distance recommendations, wear mask when not eating or drinking.	Take-out, curbside pick-up or delivery only.
	Outdoors	May resume normal work and life routines with considerations of COVID-19.	Dine-in okay, masks and physical distancing not required if dining only with members of your household.	Dine-in okay, either wear mask when not eating or drinking OR physical distance.	Take-out, curbside pick-up or delivery only.
Protect yourself in the workplace		May resume normal work and life routines with considerations of COVID-19.	Physical distance OR wear mask when around staff and customers.	Work from home encouraged; physical distance AND wear mask 100% of time when around staff and customers.	Work from home wherever possible; when not, physical distance AND wear mask.
Personal care services (hair salon, nails, salon-based massage, etc.)		May resume normal work and life routines with considerations of COVID-19.	Receive services only if you OR professional can wear mask.	Receive services only if you AND professional can wear mask.	Not recommended.

* "Normal work and life routines" should include appropriate prevention activities at all times, including washing hands frequently, covering coughs/sneezes, staying home from work/school when ill or exposed, and taking added precautions for people with risk factors such as age>65, those with underlying health conditions, and those who are immune compromised, or live with others who fall into these risk categories.

** Large community events, festivals or fairs are considered separate and necessitate guidance on a case-by-case basis. See also business establishment table.

*** See La Crosse County COVID-19 Travel Advisory Webapp.

Sector	Low Risk ¹	Moderate Risk ¹	High Risk ¹	Severe Risk ¹
ALL: Employees stay home when ill or exposed	Required	Required	Required	Required
Long Term/Congregate Living				
Congregate/Long Term Care Facilities	May consider opening with active monitoring* of staff, residents and visitors, no gatherings greater than 10.	1 non-resident visitor allowed, active monitoring* of staff, residents and visitors, physical distancing AND masks for staff and visitors strongly recommended, no group activities or communal dining.	No in-person visitors unless end-of-life, remote visits or window visits okay, active monitoring* of staff required, physical distancing AND masks for staff/visitors required, no group activities or communal dining.	No in-person visitors unless end-of-life, remote visits or window visits okay, active monitoring* of staff required, physical distancing AND masks for staff/visitors required, no group activities or communal dining.
Public and Private Schools, Childcare Centers, Summer Programs, and Institutions of Higher Education				
Pre-K-12 schools	Open with active monitoring of students, visitors and staff. No indoor assemblies greater than 100 people. Meals may be consumed in cafeteria if groups are smaller than 100. Face masks, smaller class sizes, and physical distancing may be recommended based on district level disease activity.	Open with active monitoring of students, visitors and staff. For face-to-face learning, class sizes of 18-30 to allow for 6' distancing. Face masks required for students in grades K-12, staff and visitors. Minimal, essential visitors only. Meals may be consumed in cafeteria if groups no greater than 50. Indoor assemblies no greater than 50 people. School should develop plans for recess and locker management.	Blended format for face-to-face learning. Active monitoring of students, visitors and staff. Physical distancing of 6' and face masks required for students in grades K-12, visitors and staff. Meals consumed in classrooms. No assemblies or field trips. Extracurricular activities follow activity guidance. Minimal, essential visitors only. School should develop plans for recess and locker management. Elementary - Class sizes no larger than 18, no interactions between classes. Class size to allow for 6' distancing between all students. Secondary – Class size to allow for 6' distancing required between all students. Limit intermingling of classes and students to the greatest extent possible.	No face-to-face school or activities. Virtual extracurricular activities only. Open only to facilitate distance learning. Active monitoring* of on-site staff during essential functions. Masks and physical distancing for on-site staff required.
Post-secondary schools	Revisions in progress	Revisions in progress	Revisions in progress	Revisions in progress
Daycares/Adult Day Centers	Open, passive or active monitoring* of kids/staff recommended.	Open to all with active monitoring* of kids/staff, class sizes 15-30 depending on square footage and teacher to student ratio. No group activities greater than 50; physical distancing and masks for staff strongly recommended.	Prioritize care for those working in operating businesses, active monitoring* of kids and staff required, minimize groups as much as possible (groups not larger than 15, no interaction between groups). Masks for staff required.	Prioritize care for those working in operating businesses, active monitoring* of kids and staff required, minimize groups as much as possible (groups not larger than 15, no interaction between groups). Masks for staff required.

Summer and group programs (camps, sports, etc.)	Open with no restrictions, passive or active monitoring* of staff and participants recommended.	Open with active monitoring* of staff and participants required; masks where possible. Group sizes of 15 maximum, may come together between groups. Prioritize outdoor activities, allow only campers from local area recommended, physical distancing recommended.	Open with active monitoring* of staff and participants required. Minimize groups as much as possible (groups not larger than 15, no interaction between groups). Prioritize outdoor activities, allow campers from local area only. Physical distancing required. Masks required for staff, strongly recommended for participants. No field trips. Meals served only with group.	Closed for onsite activities. Distance or virtual activities allowed.
Businesses, Workplaces, and Faith & Spiritual Communities				
Businesses/Workplaces	Open with no restrictions, passive or active monitoring* of staff recommended, regular staff illness policies apply.	Open with active monitoring* of staff, physical distancing of staff encouraged, masks for staff encouraged, follow WEDC guidance.	Open with active monitoring* of staff required, physical distancing AND masks strongly recommended, communal spaces closed, working from home encouraged, follow WEDC guidance.	Only essential work force on-site with active monitoring* required, physical distancing AND masks strongly recommended, delivery and curb side pick-up, follow WEDC guidance.
Office Spaces	Open, passive/active monitoring.*	50% capacity, active monitoring.*	25% capacity	Yes, follow WEDC guidance.
Essential Infrastructure	Yes	Yes	Yes	Yes
Bars and restaurants	Open with no restrictions, passive or active monitoring* of staff recommended, regular staff illness policies apply, indoor and outdoor seating allowed, no customer self-service	Open with active monitoring* of staff, physical distancing and 50% indoor capacity, for both indoor and outdoor seating assure spacing requirements, no customer self-service, follow WEDC guidance	Open with active monitoring* of staff, physical distancing and 25% indoor capacity, for both indoor and outdoor seating assure spacing requirements, follow WEDC guidance: table spacing, maximum guests at tables is 6, bar areas maintain at least 6 feet between households, no customer self-service	Only takeout, delivery and curb side pick-up, follow WEDC guidance. Businesses may be asked to close if case numbers increase.
Stores that sell groceries and medicine	Dine-in 75% capacity recommended, no self-service, self-dispensing okay. See added guidance in retail establishments below.	Dine-in capacity 50%, no self-service and no customer self-dispensing. See added guidance in retail establishments below.	Dine-in capacity 25%, no self-service, no customer self-dispensing. See added guidance in retail establishments below.	No dine-in, no self-service, no customer self-dispensing.
Retail establishments	75% capacity, no sampling of goods (ex: food or makeup): refer to business workplace line for added guidance.	50% capacity, no sampling of goods (ex: food or makeup).	25% capacity, no sampling of goods (ex: food or makeup).	Mail, delivery, and curbside pick-up operations, stores with outside facing entrances allowed up to 5 patrons, essential business follow WEDC guidance.
Farmers Markets, Farm Stands, and You Pick Farms	Maintain 6 feet of distance between customers, pickers.	No sampling of goods. Maintain 6 feet of distance between customers, pickers. Masks required.	No sampling of goods. Maintain 6 feet of distance between customers, pickers. Masks required.	No sampling of goods. Maintain 6 feet of distance between customers, pickers. Masks required.

Indoor shopping malls (food courts follow restaurant guidance)	75% capacity	50% capacity	25% capacity	Stores with outside facing entrances allowed up to 5 patrons, curbside allowed, minimum basic operations to prepare for reopening allowed
Gym/Recreational facilities	75% capacity, staff wear masks at all times.	50% capacity, basketball courts and other areas where contact sports occur should be closed, saunas and steam rooms closed, physical distancing must be maintained, staff wear masks or mask at all times.	25% capacity, basketball courts and other areas where contact sports occur should be closed, saunas and steam rooms closed, physical distancing must be maintained, staff wear masks, extra cleaning and sanitizing practices are implemented.	Minimum basic operations to prepare for safe reopen.
Salons, tattoo parlors, and spas	Staff wear masks at all times, customers wear masks to the extent possible.	50% capacity, staff wear masks or mask at all times, chairs/tables must be 6 feet apart, customers wear masks to the extent possible.	25% capacity, staff wear masks or mask at all times, chairs/tables must be 6 feet apart, customers wear masks to the extent possible.	Minimum basic operations to prepare for safe reopen.
Lodging	Yes	Yes	Yes	Yes
Campgrounds	Yes	Yes, dependent and independent units	Yes, dependent and independent units with Health Department guidance.	Yes, independent units only, 50% capacity.
Faith-based services, religious entities, and places of worship (indoor)	75% capacity; discourage ill members from attending.	50% capacity, discourage ill members from attending, physical distancing OR masks required.	25% capacity, discourage ill members from attending, do not distribute religious sacraments (bread, water, etc.) in a way that causes multiple people touching same object, physical distancing AND masks required.	Less than 10 people per room, discourage ill members from attending, do not distribute religious sacraments (bread, water, etc.) in a way that causes multiple people touching same object, physical distancing AND masks required.
Community centers and visitor/info centers	75% capacity	50% capacity	25% capacity	Minimum basic operations to prepare for a safe reopen.
Car Washes	Yes	Yes	Automatic and self-service car washes, full service and express detail, exterior only	Automatic and self- service car washes only.
Cleaning services	Yes	Yes, physical distancing AND wearing masks.	Yes, if by one person, physical distancing AND wearing masks maintained.	No, residential Yes, commercial (physical distancing AND mask required).
Exterior home-work at a private residence	Yes	Yes, physical distancing OR wearing mask.	Yes, physical distancing AND wearing masks.	Yes, if by one person.
Interior home-work at a private residence	Yes	Yes, physical distancing OR wearing mask.	Yes, physical distancing AND wearing masks.	No, minimum basic operations to prepare for reopening.

Recreational Activities				
Low contact recreational activities: walking, bike riding, tennis, disc golf, pickle ball, dog parks	Yes. Reference WIAA Low Risk Guidance for sports.	Yes, with 6' physical distancing between non-household members. No more than 50 people at a time inside, and 50 people outside for workouts. Reference WIAA Moderate Risk Guidance for sports.	Yes, 6' physical distancing, with non-household members. No more than 15 people at a time. Reference WIAA High Risk guidance for sports.	Yes – Only with household members.
High risk recreational activities (contact or team sports)	Gathering sizes of up to 50 individuals inside and out are allowed. Physical distancing of non-household members when not participating. Competitions may begin. Reference WIAA Low Risk guidance for sports.	Yes. No more than 10 people at a time inside, and 50 people outside for workouts. Groups are limited to 10 and shall consist of the same 5-10 participants working out together. Practice and skill drills only. No competitions or scrimmages. Physical distancing between all non-household members when not actively participating. Reference WIAA Moderate Risk guidance for sports.	Yes. No more than 10 people at a time inside or out. Practice and individual skill drills only. No shared equipment, no ball passing. Physical distancing between all non-household members at all times. Reference WIAA High Risk guidance for sports.	No
Outdoor playgrounds and splash pads	Yes	Yes	No for playground equipment, yes to green spaces.	No
Places of amusement and activity: such as funplexes, trampoline parks, miniature golf, movie & other theaters, social clubs, museums, skating rinks, bowling alleys	75% capacity	50% capacity, physical distancing OR wearing masks.	25% capacity, physical distancing AND wear a mask for staff and participants.	No
Golf Courses	Yes	Yes	Yes – follow WEDC guidance.	Yes – follow WEDC guidance.
Outdoor recreational rentals	Yes	Yes	Yes – follow WEDC guidance.	Yes – follow WEDC guidance.
Pools & Recreational Swimming Areas (Beaches, Swim Ponds)	Open with 75% of maximum patron load and regular illness policies in place.	Open with 50% of maximum patron load.	Open with 25% of maximum patron load.	Closed: no minimum basic operations to prepare for reopening.
Outdoor places of amusement and activity: such as amusement parks, zoos, miniature golf, parks	75% capacity	50% capacity	25% capacity	Minimum basic operations to prepare for reopening.
Mass Social Gatherings				
Indoor mass gatherings in private residences	No limit	25 people maximum physical distancing OR masks.	10 people maximum must maintain physical distancing and wear mask.	No
Indoor mass gatherings in public venues	75% maximum capacity (not including employees), must maintain physical Distancing.	50% maximum capacity (not including employees), physical distancing OR masks.	25% maximum capacity in public venues, must maintain physical distancing and wear mask.	No

Outdoor mass gatherings in public venues & private residences	250 people (not including employees) or 75% maximum capacity, must maintain physical distancing, drive-in activities are allowed and exempt but individuals must remain in vehicles.	100 people or 50% maximum capacity (not including employees), physical distancing OR masks. Drive-in activities are allowed and exempt but individuals must remain in vehicles.	50 people or 25% maximum capacity (not including employees), must maintain physical distancing, drive-in activities are allowed and exempt but individuals must remain in vehicles.	No
Entertainment (such as festivals, carnivals, fairs, concerts)	250 people maximum: not including employees.	100 people maximum: not including employees.	50 people maximum: not including employees.	No

*See lacrossecounty.org/covid19 for active vs. passive monitoring definitions.