

La Crosse County Resource Guide for WIC Participants



**The Supplemental Nutrition Program for
Women, Infants and Children (WIC) Program**
300 4th Street North (2nd Floor); La Crosse, WI 54601
608-205-8755 (call or text)
Email: laxwic@lacrossecounty.org

La Crosse Area Food Pantries

Great Rivers 2-1-1 Dial: 211

A central access point for people in need. Free, confidential helpline and online resource directory make it easy for residents to get connected to information and assistance.

- Alcohol/Drug Treatment Services
- Basic needs
- Crisis Services
- Youth and family services
- Seniors & adults with disability services
- Community resources

Parent and Family Support:

The Parenting Place: 608-784-8125
1500 Green Bay Street, La Crosse, WI 54601

Family and Children's Center: 608-785-0001
1707 Main St. La Crosse, WI 54601

Safe Families for Children: 608-844-8475 ext.1
1707 Main Street, Suite 321, La Crosse, WI 54601

Children and Youth with Special Health Care Needs: 1- 800-400-3678
(CYSHCN) Regional Center: Promotes coordinated care for children and youth through the age of 21.

Well Badger Resource Center: 1- 800-642-7837, Email: wellbadger@wwhf.org
Health information specialists available to answer questions regarding a variety of programs for women and young children.

Alcohol, Tobacco & Drug Concerns:

Substance use during pregnancy, breastfeeding, and parenting can be dangerous, with a variety of harmful effects on both adults and children. You are not alone. Many others know what it's like and can help you quit, give you tips, and support you.

[Coulee Recovery Center](#): 608-784-4177
933 Ferry Street. La Crosse, WI 54601

[La Crosse Area Alcoholics Anonymous](#): 608-784-7560

[Narcotics Anonymous](#): 1-866-579-7534

[Wisconsin Addiction Recovery Helpline](#): Call 211 *or* 833-944-4673

[Substance Abuse and Mental Health Helpline \(SAMHSA\)](#): 1-800-662-4357

[Wisconsin Tobacco Quit Line](#): Call: 800-QUIT-NOW, Or text: "READY" to 200-400

Public Assistance Programs:

The State of Wisconsin offers several health benefits programs for eligible children, individuals, and families. For eligibility or updates, use the online links below or call Medicaid Enrollment Services: 800-291-2002. For changes: 888-627-0430.

[ACCESS Wisconsin | Apply for and manage state of Wisconsin benefits](#)

[ForwardHealth: Manage Your Benefits on the Go | Wisconsin Department of Health Services](#)



Mental Health Services:

[National Suicide Hotline](#): 988 (call or text)

[La Crosse County Crisis Line](#): 608-784-HELP (4357)

[New Horizons Women's Shelter](#): 608-791-2610
1223 Main St. La Crosse, WI 54601

Medical Services:

[Gundersen Health System](#): 608-782-7300
1900 South Ave La Crosse, WI 54601

[Mayo Clinic Health System](#): 608-785-0940
700 West Ave La Crosse, WI 54601

[Neighborhood Family Clinic](#): 608-781-9880
La Crosse, Onalaska, West Salem, Viroqua, Sparta

[Weber Health Logistics](#): 608-668-2111
333 Front Street N., La Crosse, WI 54601

[Planned Parenthood](#): 844-493-1052
1201 Caledonia St. La Crosse, WI 54601

[St. Clare Health Mission](#): 608-519-4623
916 Ferry St. La Crosse, WI 54601

[Scenic Bluffs Community Health Center](#): 608-654-5100
238 Front St. Cashton, WI 54619

Student Assistance Programs:

[Western Technical College](#): 608-785-9200
400 7th St. N. La Crosse, WI 54601

- Career Services
- Learner Support and Transition-GED

[University of Wisconsin-La Crosse](#)<https://www.uwlax.edu/>: 608-785-8000
1725 State St. La Crosse, WI 54601

- Recovery Program
- Self-Sufficiency Program

Housing Support:

[REACH Services & Resource Center](#): 608-781-2783
212 11th Street South, La Crosse, WI 54601

[Couleecap Inc.](#): 608-782-4877
700 3rd Street N. #202b, La Crosse, WI 54601

[La Crosse County Housing Authority](#): 608-781-5365
615 Plainview Rd. La Crosse, WI 54603

[Housing Authority of the City of La Crosse](#): 608-782-2264
1307 Badger St. La Crosse, WI 54602

[Independent Living Resources \(ILR\)](#): 608-787-1111
11825 Sunset Lane, La Crosse, WI

[Ruth House](#): 608-782-0706
1515 State St. La Crosse, WI 54601

[YWCA of the Coulee Region](#): 608-781-2783
212 11th St. South, La Crosse, WI 54601

[Catholic Charities](#)/Warming Center: 608-782-0710
413 3rd St. S. La Crosse, WI 54601

[Salvation Army](#): 608-782-6126
223 8th St. N. La Crosse, WI 54601

[Rent Smart La Crosse](#) (Consumer Credit Counseling): 608-784-8380
505 King St. Suite 212 La Crosse, WI 54601

Diversity/Multicultural Resources:

[La Crosse Hmoob Cultural & Community Agency](#): 608-781-5744
1815 Ward Ave La Crosse, WI 54601

[Hope Restores](#): 608-881-6418

[BLACK: Black Leaders Acquiring Collective Knowledge](#): 608-351-2778

[Centro Latino](#): 608-515-9134

[Three Rivers House-Ho Chunk Nation](#): 608-784-3083
724 Main St. La Crosse, WI 54601

[7 Rivers LGBTQ Connection](#): 608-784-0452
230 Sixth St. S. La Crosse, WI 54601

La Crosse County [Health](#) & [Human Services](#):

[Health](#): 608-785-9872

- Fluoride Varnish
- Water Testing
- Immunizations
- STI Follow-up & Education
- Communicable Disease Investigation & Education
- Lead screening

[Western Region Economic Assistance](#): 888-627-0430

- Foodshare
- BadgerCare Plus
- Child Care Assistance

[Human Services](#): 608-784-4357

- Behavioral Assessment Triage
- Energy Assistance: 608-785-5582
- Integrated Support and Recovery

[Workforce Connections W-2](#): 608-789-5620

2615 East Ave La Crosse, WI 54601

Assists in meeting employment and career goals through guidance and support.