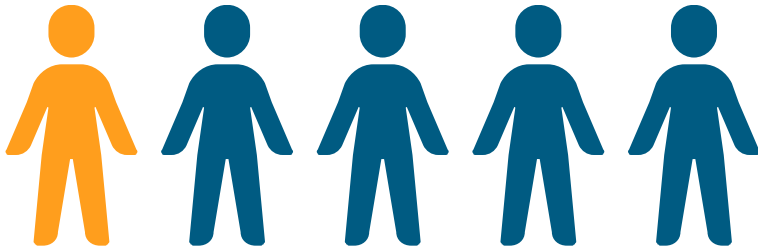


Talk - Test - Treat

Preventing Sexually Transmitted Infection (STIs) doesn't have to be hard

50%

of diagnosed chlamydia cases in the United States are in people aged 15-24 years old.



1 in 5 people will get an STI in their lifetime

STIS CAN BE ASYMPTOMATIC

Many STIs don't show symptoms in the early stages. Even with no symptoms, you can pass the infection to your sex partners.



When to get tested:

- If you are sexually active
- If you had unprotected oral, anal, or vaginal sex
- If you have a new sex partner
- If you have multiple sex partners



Find STI testing near you



DID YOU KNOW?

Birth control methods like the pill, patch, ring, implant, and IUD are 0% effective at preventing STIs and HIV.

Using methods like condoms or dental dams correctly every time you have sex is highly effective at preventing STIs and HIV.

- Use condoms or dental dams every time
- Use water-based lube
- Talk to your partner about preventing STIs

GET YOURSELF TESTED

The only way for you to know for sure if you have an STI is by getting tested. You cannot tell if you have an STI by just the way you look or feel.



FAQs

Should I get tested?

STIs often show **no symptoms**, so it is important to get tested to know your status.

You can also get tested as part of regular checkups, if you have symptoms, if you think you have been exposed to an STI, or during pregnancy.

Is testing painful?

Testing for chlamydia and gonorrhea often just requires you to urinate in a cup.

Is STI testing expensive?

STI testing can be free or low cost. Go to <https://gettested.cdc.gov> to find testing or contact your local health department.

Talking Tips:

"I don't want to be worried. Let's get tested before we have sex."

"I really care about you. I want to make sure we're both healthy."

"We can enjoy sex more if we know we are safe."