



# YOU GOT THIS, MOM.

AND WE'RE HERE TO HELP.

WIC provides healthy food, nutrition education, and breastfeeding guidance to more than 8 million moms and children. If you're pregnant, a caregiver, or a mom with children under 5, you can get the right personalized support for you and your family.

## SEE IF YOU QUALIFY

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CALL: 1-608-785-9865

EMAIL: [laxwic@lacrossecounty.org](mailto:laxwic@lacrossecounty.org)

ONLINE: Click [HERE](#) to Apply!



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Health Department  
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