La Crosse County Resource Guide for WIC Participants

The Supplemental Nutrition Program for Women, Infants and Children (WIC) Program
300 4th Street North (2nd Floor); La Crosse, WI 54601
608-205-8755 (call or text)
Email: laxwic@lacrossecounty.org

La Crosse Area Food Pantries

Great Rivers 2-1-1 Dial: 211
A central access point for people in need. Free, confidential helpline and online resource directory make it easy for residents to get connected to information and assistance.

- Alcohol/Drug Treatment Services
- Basic needs
- Crisis Services
- Youth and family services
- Seniors & adults with disability services
- Community resources

Parent and Family Support:

The Parenting Place: 608-784-8125
1500 Green Bay Street, La Crosse, WI 54601

Family and Children’s Center: 608-785-0001
1707 Main St. La Crosse, WI 54601

Safe Families for Children: 608-844-8475 ext.1
1707 Main Street, Suite 321, La Crosse, WI 54601

Children and Youth with Special Health Care Needs: 1- 800-400-3678
(CYSHCN) Regional Center: Promotes coordinated care for children and youth through the age of 21.

Well Badger Resource Center: 1- 800-642-7837, Email: wellbadger@wwhf.org
Health information specialists available to answer questions regarding a variety of programs for women and young children.
Alcohol, Tobacco & Drug Concerns:

Substance use during pregnancy, breastfeeding, and parenting can be dangerous, with a variety of harmful effects on both adults and children. You are not alone. Many others know what it’s like and can help you quit, give you tips, and support you.

**Coulee Recovery Center**: 608-784-4177
933 Ferry Street. La Crosse, WI 54601

**La Crosse Area Alcoholics Anonymous**: 608-784-7560

**Narcotics Anonymous**: 1-866-579-7534

**Wisconsin Addiction Recovery Helpline**: Call 211 or 833-944-4673

**Substance Abuse and Mental Health Helpline (SAMHSA)**: 1-800-662-4357

**Wisconsin Tobacco Quit Line**: Call: 800-QUIT-NOW, Or text: “READY” to 200-400

Public Assistance Programs:

The State of Wisconsin offers several health benefits programs for eligible children, individuals, and families. For eligibility or updates, use the online links below or call Medicaid Enrollment Services: 800-291-2002. For changes: 888-627-0430.

**ACCESS Wisconsin | Apply for and manage state of Wisconsin benefits**

**ForwardHealth: Manage Your Benefits on the Go | Wisconsin Department of Health Services**

Mental Health Services:

**National Suicide Hotline**: 988 (call or text)

**La Crosse County Crisis Line**: 608-784-HELP (4357)

**New Horizons Women’s Shelter**: 608-791-2610
1223 Main St. La Crosse, WI 54601

Medical Services:

**Gundersen Health System**: 608-782-7300
1900 South Ave La Crosse, WI 54601

**Mayo Clinic Health System**: 608-785-0940
700 West Ave La Crosse, WI 54601

**Neighborhood Family Clinic**: 608-781-9880
La Crosse, Onalaska, West Salem, Viroqua, Sparta
Weber Health Logistics: 608-668-2111
333 Front Street N., La Crosse, WI 54601

Planned Parenthood: 844-493-1052
1201 Caledonia St. La Crosse, WI 54601

St. Clare Health Mission: 608-519-4623
916 Ferry St. La Crosse, WI 54601

Scenic Bluffs Community Health Center: 608-654-5100
238 Front St. Cashton, WI 54619

Student Assistance Programs:

Western Technical College: 608-785-9200
400 7th St. N. La Crosse, WI 54601
  • Career Services
  • Learner Support and Transition-GED

University of Wisconsin-La Crosse: 608-785-8000
1725 State St. La Crosse, WI 54601
  • Recovery Program
  • Self-Sufficiency Program

Housing Support:

REACH Services & Resource Center: 608-781-2783
212 11th Street South, La Crosse, WI 54601

Couleecap Inc.: 608-782-4877
700 3rd Street N. #202b, La Crosse, WI 54601

La Crosse County Housing Authority: 608-781-5365
615 Plainview Rd. La Crosse, WI 54603

Housing Authority of the City of La Crosse: 608-782-2264
1307 Badger St. La Crosse, WI 54602

Independent Living Resources (ILR): 608-787-1111
11825 Sunset Lane, La Crosse, WI

Ruth House: 608-782-0706
1515 State St. La Crosse, WI 54601

YWCA of the Coulee Region: 608-781-2783
212 11th St. South, La Crosse, WI 54601
Catholic Charities/Warming Center: 608-782-0710
413 3rd St. S. La Crosse, WI 54601

Salvation Army: 608-782-6126
223 8th St. N. La Crosse, WI 54601

Rent Smart La Crosse (Consumer Credit Counseling): 608-784-8380
505 King St. Suite 212 La Crosse, WI 54601

Diversity/Multicultural Resources:

La Crosse Hmoob Cultural & Community Agency: 608-781-5744
1815 Ward Ave La Crosse, WI 54601

Hope Restores: 608-881-6418

BLACK: Black Leaders Acquiring Collective Knowledge: 608-351-2778

Centro Latino: 608-515-9134

Three Rivers House-Ho Chunk Nation: 608-784-3083
724 Main St. La Crosse, WI 54601

7 Rivers LGBTQ Connection: 608-784-0452
230 Sixth St. S. La Crosse, WI 5460

La Crosse County Health & Human Services:

Health: 608-785-9872
• Fluoride Varnish
• Water Testing
• Immunizations
• STI Follow-up & Education

Western Region Economic Assistance: 888-627-0430
• Foodshare
• BadgerCare Plus

Human Services: 608-784-4357
• Behavioral Assessment Triage
• Energy Assistance: 608-785-5582

Workforce Connections W-2: 608-789-5620
2615 East Ave La Crosse, WI 54601
Assists in meeting employment and career goals through guidance and support.

Updated: 8/21/2023
This institution is an equal opportunity provider.