# Hillview Family Spring Newsletter

## March- April- May- June 2025

#### A Note from Kelly Kramer

We've been hosting quarterly Family Town Hall meetings to update everyone on the construction progress at Hillview. The in-person meetings had very low turnout, but the January meeting held via TEAMS saw wonderful participation. A big thank you to everyone who attended! We'll continue offering these optional TEAMS meetings to discuss progress, next steps, and any impacts on residents. If you have any questions at any time, please feel free to call or email me. During our last meeting, we decided to hold these meetings monthly as construction moves forward and changes become more visible. We believe that more communication is better. I also attend the Resident Council meetings every month to share updates with residents. If you want to add another family member to the distribution list, please have them reach out to Molly Haugen at <u>Mhaugen@lacrossecounty.org</u>.

We are increasing our education to our staff that will allow us to excel as caregivers for the diverse populations we currently serve and will continue to serve in our future settings. A heartfelt thank you to all the direct care staff who dedicated time to participate in our CBRF education trainings over the past couple of months. These trainings are essential for anyone working in a licensed CBRF facility. Additionally, gratitude goes to those who attended the CPI (non-violent crisis prevention intervention) training and the Hand in Hand training that will benefit all staff working in any area on our campus . Lastly, a big thank you to our trainers and those who worked tirelessly to organize these trainings. Special mention to Molly Haugen, Brooke Smith, Kim Haskey, Kristin Holter, Paul Kaiser, and department heads who adjusted their schedules to allow staff to attend. This truly demonstrated a team effort and collaboration to achieve our goals. Thank you, everyone!

If families would like to know more about the specific trainings, we educate our staff on, please reach out and I will be happy to share

«Kelly Kramer, NHA Campus Administrator



Carlene Ulrich was a huge asset to our Long-Term Care teams at both Lakeview and Hillview. She touched so many lives over the past 31 years of not only the staff that worked with her but also many residents and their families. She was not just a Registered Dietician, an expert in long term care dietetics but also a true friend to most, a mentor to many and will truly be missed by all who knew her.

#### JOIN the Hillview AUXILIARY today!

We are currently recruiting new members to join the wonderful Hillview Auxiliary. Volunteering can be done by helping with a special event, monthly bingo, or coming up with new fundraisers to benefit the residents of Hillview. This is a great way to meet new people, stay active, and be involved in your community in a fun and creative way.

Volunteering with the Auxiliary is extremely FLEXIBLE, come when you are available!

Please consider stopping by to check out our monthly meeting which meets monthly on the third Friday of the month. We meet in the Sunshine Room at Hillview Health Care Center at 9:00am. Or call Emily Reisinger, Recreation Auxiliary Liaison at (608) 789-4800x5.

Upcoming meeting: April 7th at 9:00 am

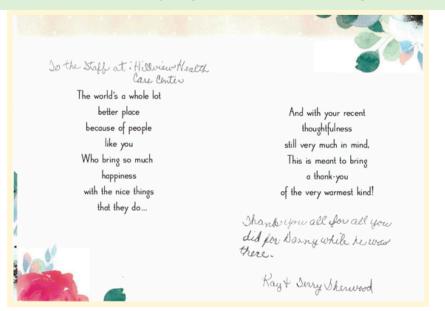
#### A Note From Recreational Therapy

Hello! My name is Ashlie Cincera. I am the current Recreational Therapy intern at Hillview Health Care Center. I will be here at Hillview until the end of April and during my time here I am working on planning a few fun events!

The first event is a St. Patrick's Day Party on March 18th. All residents are invited to come on down to the dining room for Pot O' Gold coin toss, a lucky scavenger hunt, a fun snack, and great company! Everyone is encouraged to wear green and be ready to have a lot of fun celebrating St. Patrick's Day!

The next event is a fundraiser for the Hillview Auxiliary on March 25th. This fundraiser will consist of a raffle basket portion and a lunch. All of the sponsors who donated items and food to help make this event possible will be listed on our promotional flyer to thank them for their generosity. Tickets for the raffle baskets will be sold at the front desk starting on March 17th.

The ticket prices will be listed on the promotional flyers which will be hung up around the Hillview campus, at the front desk, and on Facebook. Tickets for the raffle will also be sold in the recreation room the day of the fundraiser while lunch is being served starting at 10:30am. Lunch will cost a small fee for each individual. This event will be a great way to bring members of the facility, campus, and community together to raise funding for the Hillview Auxiliary!



#### HILLVIEW THE EVERGREENS

#### Community-Based Residential Facility (CBRF)

The construction is in full swing for what will be, 'The Evergreens'. The Evergreens is a 39 bed Community-Based Residential Facility (CBRF) in La Crosse, WI. It will have a four bed Dementia Crisis Stabilization unit. The Evergreens CBRF is set to open in the 4th quarter of 2025. A Community Based Residential Facility (CBRF) is a type of assisted living facility where five or more unrelated adults live together in a community setting, that will serve tenants with dementia and those with a higher clinical need that is not a skilled need, no more than 3 hours of RN care per week. It is a group living arrangement for individuals who need assistance with activities of daily living but not extensive medical care. Just as its name, The Evergreens, tenants are sure to received exceptional services like room and board, supervision, and support services.





## ABOUT JOYCE Community Living Supervisor

Joyce Ngwe is the Community Living Supervisor at Hillview Health Care Campus, where she oversees Hillview Terrace, Carroll Heights, and our upcoming CBRF, **The Evergreens**. With over 15 years of experience in Healthcare, and a Bachelors of Science degree in Health Management and Policy, Joyce is instrumental in driving the process in developing policies and innovative care models for our upcoming CBRF, The Evergreens. She holds an MBA from University of Wisconsin-Whitewater. Joyce enjoys cooking, baking, and listening to peaceful music.

Fun-facts: Joyce enjoyed playing Mommy, Doctor and Teacher as a kid.



### March Activities

Tuesday 11th – 10:00am Grumpy Old Men Friday 14th – 2:00pm Variety Singers Perform Monday 17th – 2:00pm Music (Irish) Jay Hoffman Wednesday 19th – 1:15pm State Road 3rd Graders Intergenerational Group Tuesday 18th – 10:15am St Patrick's Day Themed Party Friday 21st – 2:00pm Bingo Sponsored by Happy Helpers Monday 24th – 2:00pm Music with Curt & Linda Gjere

## April Activities

Wednesday 2nd – 10:00am Grumpy Old Men Friday 11th – 2:00pm Variety Singers Perform Monday 14th – 2:00pm Music with Frank Moore Friday 18th – 10:00am Easter Egg Hunt Monday 21st – 2:00pm Music with Tom Walter Wednesday 30th – 1:15pm State Road 3rd Graders Intergenerational Group

## May Activities

Wednesday 7th – 10:00am Grumpy Old Men Friday 9th – 2:00pm Variety Singers Perform May 12th – May 16th Nursing Home Week Activities TBD Friday 16th – 2:00 Bingo Sponsored by Happy Helpers Wednesday 21st - 1:15pm State Road 3rd Graders Intergenerational Group

### June Activities

Wednesday 4th – 10:00am Grumpy Old Men Friday 13th – 2:00pm Variety Singers Perform Monday 16th – 2:00pm Music with Curt & Linda Gjere Friday 20th – 2:00pm Bingo Sponsored by Happy Helpers Monday 23rd – 2:00pm Music with Kevin Mattson

## **Church Services**

Bible Study: Monday's at 10AM in the Chapel Protestant Church Services Tuesdays at 1:45 in the Main Dining Room

Catholic Word Services

Thursdays at 2PM in the Chapel

## Don't forget to order your Mother's Day flowers!

1 Rose with greens in a vase = \$7.00

or

2 Carnations with greens in a vase = \$7.00

Flowers will be delivered on May 9th

#### Orders taken at the front desk until April 30th at Noon

Fundraiser to benefit Recreation Donations

To order by mail detach the order form below

1
v. E
ž
The second se
A MALE
Mar Starte
A STATE
- Str.
1 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1
U
1

Name of <u>Resident:</u>		
Memo on card to <u>read:</u> 1 Rose with greens in a vase x \$7.00 each	\$	
(Quantity)	7	
2 Carnations with greens in a vase x \$7.00 each (Quantity)	\$	
<u>Check made out to</u> : Hillview Health Care Center Memo line: Recreation Donations	Total \$	
Person <u>Ordering:</u> Phone Number to reach you if <u>questions:</u>		
Send order form with c	heck to:	

Send order form with check to: Hillview Health Care Center Attn: Mother's Day Flowers 3501 Park Lane Drive La Crosse, WI 54601

\*Orders MUST be received by Wednesday, April 30th at Noon

# Don't forget to order your **Father's Day flowers!**



2 Blue Carnations with greens in a vase = \$7.00

Flowers will be delivered on June 13<sup>th</sup>. Orders taken at the front desk until noon on June 2<sup>nd</sup>.

Fundraiser to benefit Recreation Donations

To order by mail detach the order form below

Name of <u>Resident:</u>		
Room <u>Number:</u>		

Memo on card reads "Happy Father's Day" what else would you like to add:

2 Blue Carnations with greens in a vase x \$7.00 each Total \$\_\_\_\_\_ (Quantity)

Check made out to: Hillview Health Care Center Memo line: Recreation Donations

Person <u>Ordering:</u> Phone Number to reach you if <u>questions:</u>\_\_\_\_

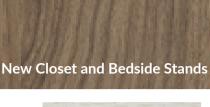
> Send order form with check written out to "Hillview" to: Hillview Health Care Center Attn: Father's Day Flowers 3501 Park Lane Drive La Crosse, WI 54601

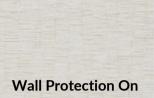
\*Orders MUST be received by noon on June 2<sup>nd</sup>.



#### **Remodel of Hillview Nursing Home Includes:**

- Abatement of old and installation of new flooring in resident rooms and hallways (excluding bathrooms)
- Fresh paint in rooms and hallways
- New heating and cooling systems in each room
- New hallway lighting
- New windows in all rooms
- New country kitchen and dining room space
- New furniture at the HUB
- New Window shades- completed end of March
- New nurse call system-completed end of project
- New room lighting completed in end of March
- New closets and bed side stands delivery end of March





One Wall



Chapel, Salon, Therapy and staff offices will be relocated to 600

Hallway



End of Project, all rooms on 800 and 900 will be private rooms 2 new SPA rooms on SNF and 1 on The Oaks

**Project:** Construction work is in full swing at our Hillview Health Care Campus as part of our \$19.6 million plan to renovate and reimagine the center.

**Progress:** Most of the demolition work in areas that are being converted into a new Community-Based Residential Facility (CBRF) is now complete. New windows have also been installed. Painting, flooring, and the addition of new fixtures and furniture will come next. A large part of the building was not being used before the project began. Other areas that were in use for long-term care are getting a facelift. Solar panels will also be added to the building.

<u>What's coming:</u> In addition to the CBRF, the project includes 10 units of housing, an Intergenerational Center (daycare for children in a shared space with programming for older adults), and a dementia crisis stabilization unit.

<u>**Timeline:**</u> We'll keep you updated as the project advances. Final completion is expected in January 2026.

#### Yes, I want to make a difference!

We are grateful to you, our friends and neighbors, for sharing your

resources with us. You are most

important to us and to those we serve. Your gifts help make it possible for us to carry out our mission.

We NEED your help in keeping these efforts alive! Thank you for any considerations. towards these

much-needed areas!

I have enclosed <u>\$</u>and indicated below the need I would like to support.

\_\_\_\_\_Aviary - For monthly maintenance of the indoor aviary. \_\_\_\_\_Benches - To support the replacement of benches around our campus.

\_\_\_\_Education - To provide specialized training to improve the care we give to your loved ones.

\_\_\_\_\_Indoor Beautification - Wall decorations to enhance hallways for visual appeal and conversation pieces. Furniture, indoor lighting, paintings.

\_\_\_\_\_iPod Music Program - Monetary donations to be used for purchases of iPods and music. We are also looking for donations of actual iPods (used older versions that still work) would be very helpful for this program. iPods are individualized to one resident's music preference. Music is powerful and has shown positive results from residents.

\_\_\_\_\_Outdoor Beautification - To enhance the beauty of our grounds; donations to be used for planters, gazebo upkeep, flowers for outdoor planters, veggies for courtyard gardening, shrubs, trees, hanging baskets, landscape walking path, etc. This area would include Carroll Heights and Hillview Terrace.

\_\_\_\_\_Special Activities - To support special outside programs to come in such as magicians, jugglers, Wabasha Eagle Center, various music entertainers, etc.

\_\_\_\_Staff Appreciation - Provide recognition to our staff through small meals and or treats during the year, thanking them for choosing this occupation of helping others.

\_\_\_\_Other:

Questions? Concerns? Give us a call! Hillview Health Care Center: 608-789-4800 Hillview Terrace & Caroll Heights Household Coordinator Joyce Ngwe 608-785-5500