



Older Adult Fall Prevention

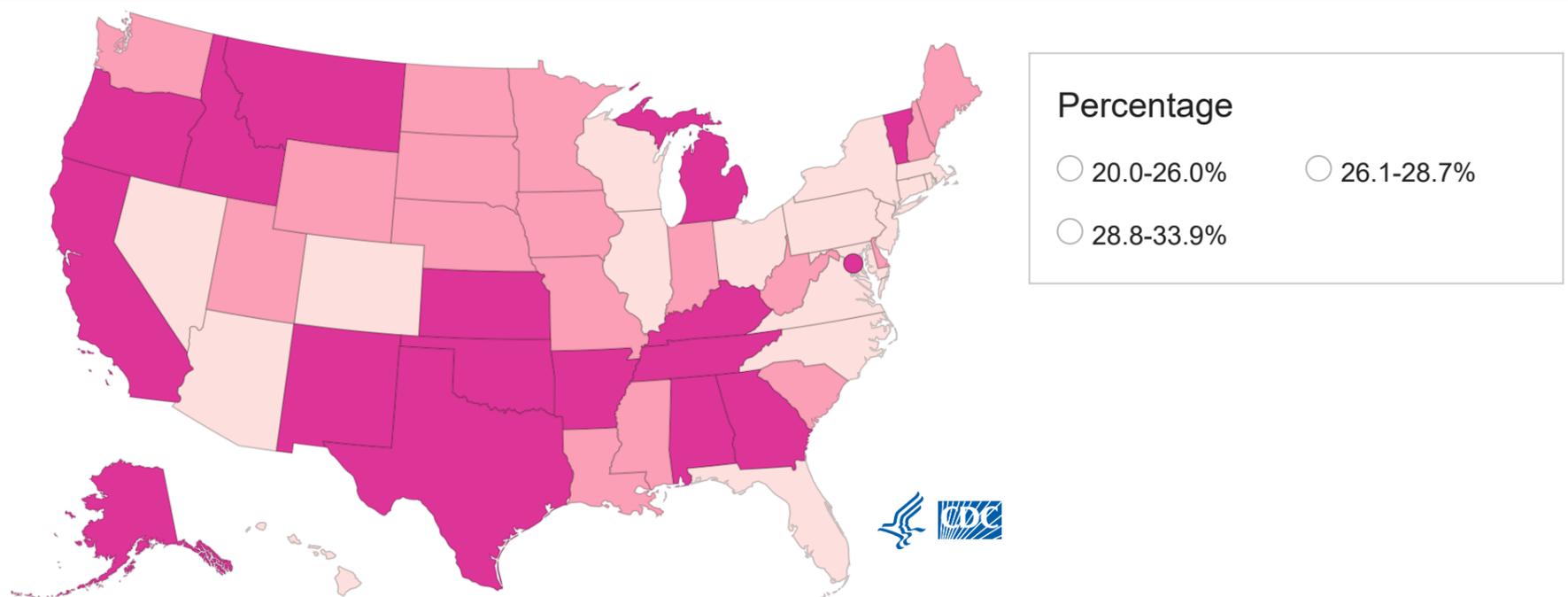
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Older Adult Falls Reported by State

In the United States, about one in four adults (28%) age 65 and older, report falling each year. This results in about 36 million falls each year. While not all falls result in an injury, about 37% of those who fall reported an injury that required medical treatment or restricted their activity for at least one day, resulting in an estimated 8 million fall injuries.¹

While falls are common among all states, there is variability.^{2,3}

Falls Reported by State 2018



[Data Table](#)

[Download Data \(CSV\)](#)

*Statistical differences are based on a two-sample t-test with an alpha of 0.05.

References

1. Moreland B, Kakara R, Henry A. Trends in Nonfatal Falls and Fall-Related Injuries Among Adults Aged ≥ 65 Years — United States, 2012–2018. *MMWR Morb Mortal Wkly Rep* 2020;69:875–881. DOI: <http://dx.doi.org/10.15585/mmwr.mm6927a5> [↗](#)
2. Bergen G, Stevens MR, Burns ER. [Falls and Fall Injuries Among Adults Aged \$\geq 65\$ Years — United States, 2014](#). *MMWR Morb Mortal Wkly Rep* 2016;65:993–998. DOI: <http://dx.doi.org/10.15585/mmwr.mm6537a2> [↗](#)
3. Centers for Disease Control and Prevention. [Behavioral Risk Factor Surveillance System \(BRFSS\)](#) [online].

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