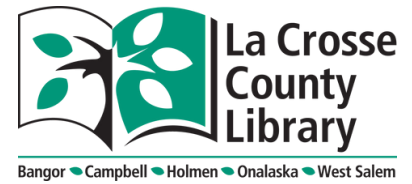


ADULT EVENT CALENDAR

Fall/Winter 2025



Senior Moments See website for program lineup. Onalaska Library | Wednesdays, August 20-November 12 | 10 a.m.

September



Wildflowers & Watercolors

Learn about native plants while connecting with nature through watercolor painting. Materials provided. Registration opens 8/18/25. **R**

Upper Mississippi River National Wildlife Refuge
September 6 | 9:30 a.m. to 11:30 a.m.



Landlord and Tenant Rights & Responsibilities

Learn what you should know before you rent, how to avoid common problems, and how to settle disputes.

Onalaska Library | September 11 | 10 a.m.



Yoga on the Library Lawn

An instructor from PALM + PINE will lead these 45-minute introductory yoga classes. Registration opens 8/18/25. **R**

West Salem Library | September 11, 18, and 25 | 6 p.m.



Mindfulness: Stress and Coping Workshop

Learn mindfulness strategies you can use when feeling overwhelmed. Use your thoughts and your breath to remain calm and at peace. **A**

Onalaska Library | September 22 | 1:30 p.m.



Autumn Birding

Experience autumn birdwatching with local birder, Michael Huffman. See website for details.

West Salem Library | September 23 | 10:30 a.m.

Goose Island | September 30 | 8 a.m.

October



October Mini Read

Read books and complete activities for a chance to win prizes! October 1-31 at all locations.



Cheesecake & Canvas

Art class for ages 16+. Instruction & all supplies provided. Cost is \$15 per person (cash/check). Registration opens 9/15/25. **R**

West Salem Library | October 2 | 6:30 p.m.



Genealogy Workshop with Carlon Genealogical Services

Learn genealogy; see details on website. Registration opens 9/15/25. **R**

Onalaska Library | October 4 | 10 a.m. - 1 p.m. (bring lunch)



Gluten-Free Baking with Omega Bakery

Get expert tips for navigating the gluten-free baking world. Samples and Q&A included. Registration opens 9/15/25. **R**

Holmen Library | October 9 | 6 p.m.



Friends of the Onalaska Library Fall Book Sale

Hundreds of used books for sale; cash/check only.

Onalaska Library | October 16-18 | See website for hours



Identity Theft

The Wisconsin Bureau of Consumer Protection will explain the different types of identity theft, how to recognize it, and how to prevent it.

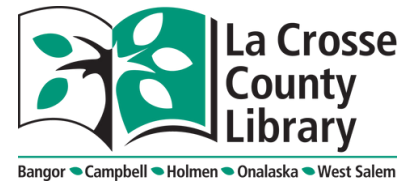
Bangor Library | October 23 | 6:30 p.m.

R Registration required

A Program modified for adults with disabilities

ADULT EVENT CALENDAR

Fall/Winter 2025



November



Sourdough 101

Join Garrett Bishop of Bishop's Farm & Fizz for a fun, approachable intro to the world of sourdough. Registration opens 10/20/25. **R**

West Salem Library | November 6 | 6 p.m.



Jigsaw Puzzle Battle

Participants will race to see whose group can finish a 300-piece puzzle the fastest. Registration opens 10/20/25. **R**

Onalaska Library | November 8 | 10 a.m.



Cupcake Decorating 101

Learn the basics of cupcake decorating in this hands-on workshop! Registration opens 10/27/25. **R**

Holmen Library | November 13 | 6 p.m.



Antique Appraisals

Make an appointment to have your antique or collectible item appraised by antiques expert Mark F. Moran—or come watch! See website for details. **R**

Onalaska Library | November 1 | 11 a.m. - 2 p.m.



Registration required



Program modified for adults with disabilities

EVENTS WEBSITE

Scan the QR code to visit our Events website for program details and registration.



December



Cupcakes & Canvas

Art class for ages 16+. Instruction & all supplies provided. Cost is \$15 per person (cash/check). Registration opens 11/10/25. **R**

Bangor Library | December 4 | 6:30 p.m.



Paper Quilling Snowflake

Learn the basics of paper quilling and create a snowflake that could be used as a holiday card or an ornament. Registration opens 11/24/25. **R**

Campbell Library | December 10 | 6 p.m.



Regency Ball

Come celebrate Jane Austen's 250th birthday! Free dance lessons for all ages; sponsored by La Crosse Dance Centre. Registration opens 11/24/25. **R**

Holmen Library | December 16 | See website for details

ABLE Programs for adults with disabilities



Able Reads Book Club

Join other adults with disabilities for a fun time reading together at the library! Questions? Call 608-399-3383 or email libraryprograms@lacrossecounty.org. **A**

Onalaska Library | Wednesdays (begins Sept 3) | 1:30 p.m.



Mindfulness: Stress and Coping Workshop

Onalaska Library | September 22 | 1:30 p.m. **A**



Able Programs: Cupcake Decorating 101

Registration opens 10/27/25. **R** **A**

Onalaska Library | November 3 | 1:30 p.m.